

<b>Due Date</b>	<b>Activity</b>	<b>Points</b>
1/19 - 1/24/15	Write your one healthy goal on website form	___ out of 5
1/27/15	Attend through go to meeting or in person (limited go to meeting spots) to social hour at the Williston office 5:45-7:15	___ out of 3
1/30 - 2/1/15	Report out quantitatively on your progress on website form	___ out of 7
2/19/15	Attend through go to meeting or in person (limited go to meeting spots) to social hour at the Williston office 5:45-7:15	___ out of 3
2/27 -3/1/15	Report out quantitatively on your progress on website form	___ out of 7
3/18/15	Attend through go to meeting or in person (limited go to meeting spots) to social hour at the Williston office 5:45-7:15	___ out of 3
3/27 - 3/29/15	Report out quantitatively on your progress on website form	___ out of 7
4/11 – 4/15/15	Report out quantitatively on progress and qualitatively Fill out survey	___ out of 10
4.16.15	Attend social hour at the Williston office 6-8	___ out of 5
5.1.15	* PTO /Reward distributed	